

MasterChef's Gary Mehigan MY MYSTERY

INGREDIENT ..MY WIFE

The star chef has found the perfect recipe for a happy family life, writes **LUCY CHESTERTON**

rom his days as an ambitious young cook slaving over hot stoves in London restaurants to his celebrity status as a judge on Australia's top reality show, chef Gary Mehigan has come a long way. And he owes it all to his wife of 20 years, Mandy.

Not the type to revel in the spotlight, ever-smiling Mandy is the love of the MasterChef judge's life, his touchstone and his always reliable reality check.

"I couldn't do it without her," says Gary of his hectic life, which includes running two restaurants and being dad to Jenna, 10. "She keeps everything going. But when I'm home, I cook and I love that."

Gary and Mandy, both 44, met as "penniless" students in southern I was really tired and England, where Gary studied cuisine and Mandy was preparing for a career in administration.

"I fell in love with her straight away," Gary recalls. "It was those big blue eyes of hers."

For young Mandy, the instant attraction was Gary's sincerity.

"What appealed to me was he was just a genuinely nice person," reveals Mandy in a rare interview. "I mean, he was a boy when I met him, but he was very genuine and loving - that's never changed."

With Gary moving to London to break into the restaurant world, the couple barely saw each other.

"He worked incredible hours," says Mandy. "We had one day a week together, Sunday - and sometimes Monday night. But we were meant to be.'

When Gary did propose - after a romantic meal at the Michelinstarred restaurant in which he worked - it was still a big surprise.

has just been an absolute spunk!

cake to jaw-dropping dishes. Her

weakness may be her emotions."

wanted to go to bed." Mandy recalls. "But Gary said, 'No. no. wait!' I gave him a cuddle and felt a box in his pocket. I said, 'Oh my God, what's that?', and he got down on one knee and proposed.

"Some couples grow apart when they get together so young, but we've grown together, and it works for us," she adds, "I think the key is talking. I never lie to him."

It was sheer luck the couple ended up in Australia, after deciding to try their luck overseas. They first visited New Zealand House, but there was no-one there. Then they tried Canada House, but their finances didn't allow for the £200 application fee. Australia House welcomed them with open arms.

"Chefs were on their priority occupation list and they said to apply... and to get married before

Age: 25

Film

Occupation:

Projectionist

"A big surprise

as well. He's

we left," Mandy says. "So we had to go home and tell our parents that not only were we leaving for Australia, we were getting married sooner than we thought."

The newlyweds waved goodbye to the UK three months later.

"We moved out here intending to stay a year and to do a bit of travelling," Gary says. "Now we're well and truly Australian."

Close as they are, Gary doesn't share everything with his wife. "He won't tell us who's still in the show," Mandy says. "He refuses!"

And if success ever threatens to go to Gary's head, daughter Jenna soon puts him back in his place.

"Jenna has to put up with all the, 'Is your dad the guy on MasterChef?' questions," he says with a grin. "Sometimes she just says, 'No, he's not. You've mistaken him for someone else."

The MasterChef final airs Sunday. Aug 7, starting at 6.30pm, on Ten.



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Age: 30 Occupation: Journalist "One of the best cooks we've ever had. She's meticulous and

has a real drive. You sense that whatever happens, food is going to be where she goes in her life. Maybe that's a weakness as well - when you're so focused and take something very seriously, often it doesn't go as planned.'



Age: 36 Occupation: "The surprise for me. A mum

of three doing something for herself to prove to her kids you can do anything you want. It's a lovely story for the girl from Orange. She

consistent improver, though. He's a reader, a researcher. He goes home and studies things and will then come in She's gone from baking retro coffee and show us things the next day. He's also become very 'cheffy'. and George and I like that."